# I. THE MALE AND FEMALE REPRODUCTIVE SYSTEMS

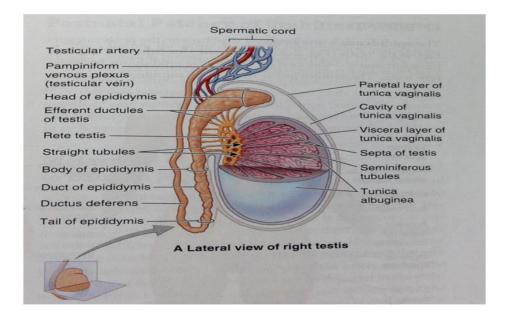
### **1. The male genital tract:**

The male genital tract refers to the organs and structures responsible for producing, storing, and transporting sperm, as well as secreting hormones involved in reproduction. Here's an overview of the male genital tract:

#### 1. Testes (Testicles)

The testes are the primary reproductive organs in males. They are located in the scrotum, a pouch of skin situated outside the body to maintain an optimal temperature for sperm production. They have two main functions:

- **Sperm production (Spermatogenesis)**: The testes produce sperm cells, which are essential for fertilizing the female egg.
- **Hormone production**: They also secrete testosterone, the primary male sex hormone, which is responsible for the development of male secondary sexual characteristics like body hair, deep voice, and muscle mass.



## The microscopic structure:

At the microscopic level, the testis is divided into functional units (lobules) and contains various cell types involved in spermatogenesis and testosterone production.

## **1. Seminiferous Tubules:**

These are the sites where spermatogenesis (sperm production) occurs. The seminiferous tubules are coiled structures lined with a specialized epithelium that consists of:

**Sertoli Cells**: Also called "nurse cells," these cells form a supportive framework within the seminiferous tubules. They provide nutrients and protection to developing sperm cells. Sertoli

cells are tall and columnar, with elongated nuclei. They also have tight junctions that form the **blood-testis barrier**, which helps protect germ cells from immune attack.

**Germ Cells**: These are the precursor cells that give rise to sperm. The germ cells are organized into different stages, which can be identified from the basal lamina of the tubule towards the lumen:

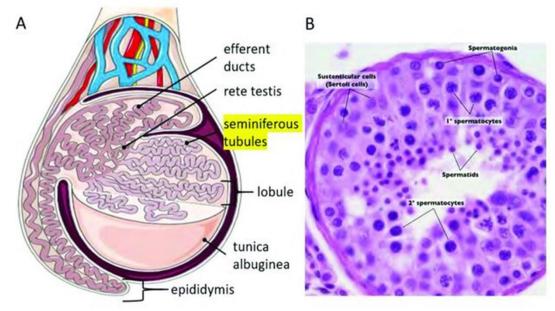
**Spermatogonia** (diploid): These are the stem cells located near the base of the seminiferous tubules, undergoing mitotic divisions to produce primary spermatocytes.

**Primary Spermatocytes** (diploid): These cells undergo meiosis to reduce their chromosome number. The primary spermatocytes move toward the lumen of the tubules.

Secondary Spermatocytes (haploid): After the first meiotic division, primary spermatocytes divide to form secondary spermatocytes, which immediately undergo the second meiotic division.

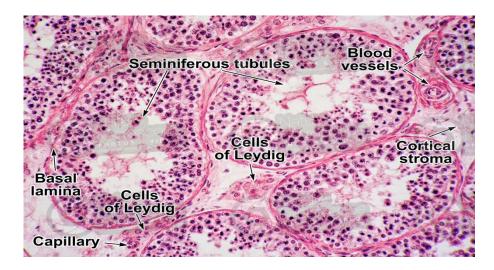
**Spermatids** (haploid): After the second meiotic division, secondary spermatocytes give rise to spermatids, which begin the process of differentiation.

**Spermatozoa** (haploid): These are mature sperm cells that are ready for ejaculation. They are released into the lumen of the seminiferous tubule.



2. Interstitial Tissue and Leydig Cells:

**Leydig Cells**: Located in the interstitial tissue between the seminiferous tubules, **Leydig cells** are responsible for producing testosterone, the primary male sex hormone. These cells have large, round or polygonal nuclei and abundant cytoplasm filled with lipid droplets, which are precursors for steroid synthesis. Testosterone regulates spermatogenesis and the development of male secondary sexual characteristics.



**Blood Vessels and Lymphatics**: The interstitial space also contains blood vessels that supply nutrients to the testes and remove waste products. The blood vessels form a network around the seminiferous tubules, providing them with the necessary resources for spermatogenesis.

## 3. Rete Testis:

After sperm is produced in the seminiferous tubules, it moves into a network of tubules called the rete testis, located in the posterior part of the testis. The rete testis serves as a channel through which sperm passes from the seminiferous tubules into the epididymis. The cells lining the rete testis are cuboidal or columnar epithelial cells that help to transport sperm.

**4. Blood-Testis Barrier:** The **blood-testis barrier** is formed by tight junctions between Sertoli cells, isolating the developing germ cells from the blood supply. This barrier helps protect sperm cells from immune responses and maintains the specialized environment required for spermatogenesis. It also prevents the mixing of blood and sperm, which would trigger an immune response against the haploid sperm cells, which are genetically distinct from the body's cells.

## 2. Epididymis

The epididymis is a coiled tube that sits on top of each testis. Its main function is to store and mature sperm. Sperm produced in the testes enter the epididymis, where they gain the ability to swim and fertilize an egg. Sperm can stay in the epididymis for several weeks before being ejaculated.

#### 3. Vas Deferens (Ductus Deferens)

The vas deferens is a long muscular tube that transports mature sperm from the epididymis to the urethra. During ejaculation, the vas deferens contracts to propel sperm toward the next structures in the tract.

#### 4. Seminal Vesicles

The seminal vesicles are two glands that sit behind the bladder. They produce a significant portion of the fluid that makes up semen. This fluid is rich in fructose, which provides energy for sperm, and other substances that help sperm survive and move effectively through the female reproductive tract.

## 5. Prostate Gland

The prostate is a walnut-sized gland located just below the bladder. It secretes a fluid that is added to sperm during ejaculation. This fluid helps nourish the sperm and provides a slightly alkaline environment that protects sperm from the acidic conditions in the female reproductive tract. The prostate also helps with the propulsion of semen during ejaculation.

#### 6. Bulbourethral Glands (Cowper's Glands)

These are two small glands located beneath the prostate. They secrete a clear, viscous fluid that is released before ejaculation. This pre-ejaculatory fluid helps lubricate the urethra and neutralize any acidity that may remain from urine in the urethra.

#### 7. Urethra

The urethra is the final passage for both urine and semen, though not at the same time. During ejaculation, semen passes through the urethra and is expelled through the penis. The urethra serves as the conduit for sperm during ejaculation and removes urine from the body during urination.

#### 8. Penis

The penis is the external organ that serves as the passageway for sperm to enter the female reproductive tract during sexual intercourse. It is composed of the shaft and the glans (the head of the penis), and it becomes erect when filled with blood, which helps it penetrate the female genital tract. The urethra runs through the penis, allowing semen to exit during ejaculation.

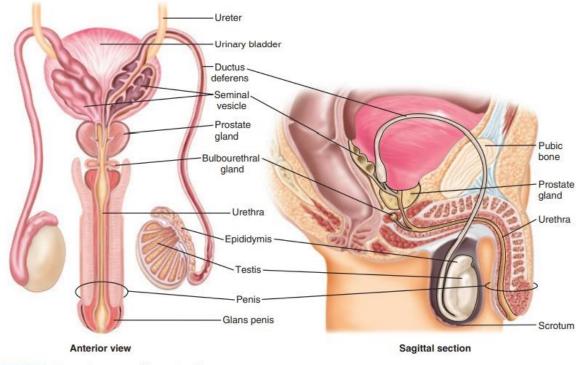
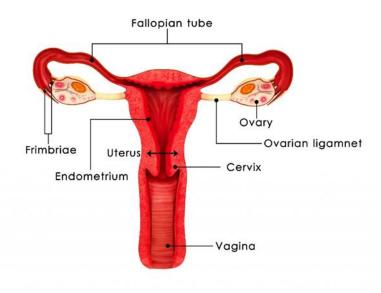


FIGURE 25-1 The male organs of reproduction.

## 2. The female genital tract:

The **female genital tract** consists of the organs and structures involved in the production of eggs (ova), the reception of sperm during sexual intercourse, and the development and delivery of offspring during pregnancy. Here's a breakdown of the key components of the female genital tract:

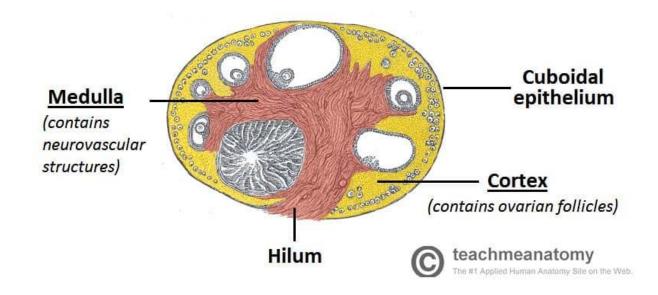


## 1. Ovaries

- **Function**: The ovaries are the primary reproductive organs in females. They are responsible for producing eggs (ova) and releasing them during the menstrual cycle. The ovaries also secrete the hormones estrogen and progesterone, which regulate the menstrual cycle and pregnancy.
- Location: The ovaries are located on either side of the uterus in the lower abdomen.

#### They contain two parts:

- **Medulla**: The central part of the ovary is called the **medulla**, which contains blood vessels, nerves, and connective tissue.
- **Cortex**: The outer portion of the ovary, called the **cortex**, contains the ovarian follicles, which house developing eggs. This is the site of oogenesis (egg production).



## 2. Fallopian Tubes (Oviducts)

- **Function**: The fallopian tubes are the pathways through which the eggs travel from the ovaries to the uterus. This is also where fertilization typically occurs. The sperm meets the egg in the fallopian tube, and if fertilization occurs, the resulting zygote begins its journey to the uterus for implantation.
- **Structure**: Each fallopian tube has finger-like projections called **fimbriae** that help guide the egg from the ovary into the tube.

#### 3. Uterus (Womb)

- **Function**: The uterus is the hollow, muscular organ where a fertilized egg (embryo) implants and grows during pregnancy. It is divided into three main parts:
  - **Endometrium**: The innermost lining of the uterus, which thickens and becomes vascularized in preparation for pregnancy. If pregnancy doesn't occur, this lining is shed during menstruation.
  - **Myometrium**: The muscular layer of the uterus that contracts during labor to help expel the baby.
  - **Cervix**: The lower, narrow part of the uterus that connects to the vagina. The cervix produces mucus that changes in consistency throughout the menstrual cycle and dilates during childbirth.
- Location: The uterus lies between the bladder and the rectum in the pelvic cavity.

#### 4. Vagina

- **Function**: The vagina serves as the passage through which sperm is introduced into the female reproductive tract during intercourse. It also serves as the birth canal during delivery and as the conduit for menstrual blood to exit the body.
- **Structure**: The vagina is a muscular, elastic canal that extends from the cervix to the external genitalia.

• Location: The vagina is located between the urethra and the rectum.

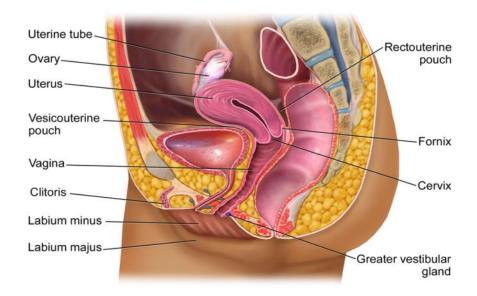
## 5. Vulva (External Genitalia)

The vulva includes the external structures that protect the internal reproductive organs and are involved in sexual activity. These include:

- Labia Majora: The outer, larger folds of skin surrounding the vaginal opening.
- Labia Minora: The inner, smaller folds of skin that protect the vaginal and urethral openings.
- **Clitoris**: A small, sensitive organ located at the top of the vulva, which is involved in sexual pleasure.
- **Mons Pubis**: The mound of fatty tissue above the pubic bone, covered with pubic hair after puberty.
- **Vestibule**: The area inside the labia minora, containing the vaginal opening and the urethral opening.

## 6. Bartholin's Glands

- **Function**: These are small glands located near the vaginal opening that secrete mucus to lubricate the vagina during sexual intercourse.
- Location: On either side of the vaginal opening.



The Female Reproductive System