**Lesson Two** :**the Present Continuous Tense Second Year**

**1. What is the Present Continuous Tense?**

The **Present Continuous tense** (also called the Present Progressive tense) describes actions that are happening **right now**, temporary situations, or actions that are in progress around the current time. It is also used for planned future events.

**2. Forms of the Present Continuous**

The Present Continuous has three main forms: **affirmative**, **negative**, and **interrogative**.

**A. Affirmative Form**

**Structure**:  
**Subject + am/is/are + Verb (-ing)**

|  |  |  |
| --- | --- | --- |
| Subject | Example Verb: "run" | Example Sentence |
| I | am running | I am running in the park. |
| He/She/It | is running | She is running a marathon. |
| We/You/They | are running | They are running to catch the bus. |

**Rules for Adding -ing:**

1. For most verbs, just add **-ing**.  
   *Example*: read → reading, walk → walking
2. For verbs ending in **-e**, drop the **-e** and add **-ing**.  
   *Example*: make → making, write → writing
3. For one-syllable verbs ending in a single vowel + consonant, double the consonant and add **-ing**.  
   *Example*: run → running, sit → sitting
4. For verbs ending in **-ie**, change **-ie** to **-y** and add **-ing**.  
   *Example*: lie → lying, die → dying

**B. Negative Form**

**Structure**:  
**Subject + am/is/are not + Verb (-ing)**

|  |  |  |
| --- | --- | --- |
| Subject | Negative Verb | Example Sentence |
| I | am not running | I am not running today. |
| He/She/It | is not (isn’t) running | He isn’t running fast. |
| We/You/They | are not (aren’t) running | They aren’t running right now. |

**C. Interrogative Form**

**Structure**:  
**Am/Is/Are + Subject + Verb (-ing)?**

|  |  |
| --- | --- |
| Question Format | Example Sentence |
| Am + I + verb (-ing)? | Am I running too fast? |
| Is + he/she/it + verb (-ing)? | Is she running in the park? |
| Are + we/you/they + verb (-ing)? | Are they running a marathon? |

**3. Uses of the Present Continuous**

The Present Continuous is used in the following contexts:

**A. Actions Happening Right Now**

To describe actions taking place at the moment of speaking.

**Examples**:

* She is talking on the phone right now.
* The children are playing in the garden.

**Time Expressions Often Used**:

* Now, at the moment, currently, right now

**B. Temporary Actions**

To describe actions that are happening during a limited period but not necessarily at this exact moment.

**Examples**:

* I am staying with my friend this week.
* He is studying for his exams these days.

**Time Expressions Often Used**:

* This week, these days, for now

**C. Future Plans**

To talk about future events or plans that have already been arranged.

**Examples**:

* We are meeting at the café tomorrow.
* She is traveling to Spain next month.

**Time Expressions Often Used**:

* Tomorrow, next week, tonight, soon

**D. Changing or Developing Situations**

To describe trends or situations that are gradually changing.

**Examples**:

* The weather is getting colder.
* Technology is advancing rapidly.

**4. Examples in Sentences**

1. **Affirmative**:
   * I am reading a new book.
   * They are working on a group project.
2. **Negative**:
   * He isn’t sleeping right now.
   * We aren’t going to the party tonight.
3. **Interrogative**:
   * Are you watching TV?
   * Is she coming to the meeting?