

Present continuous

STRUCTURE

For **positive sentences**, use the verb **‘to be’**, then add **‘-ing’** to the main verb.

I am walking

You are walking

He is walking

She is walking

It is walking

We are walking

They are walking

For **negative sentences**, add **‘not’** after the verb **‘to be’**. We usually contract the form with an apostrophe.

I am not walking > I’m not walking

You are not walking > You aren’t/You’re not walking

He is not walking > He isn’t walking/He’s not walking

She is not walking > She isn’t walking/She’s not walking

It is not walking > It isn’t walking/It’s not walking

We are not walking > We aren’t walking/We’re not walking

They are not walking > They aren’t walking/They’re not walking

To ask **yes/no questions**, **change the order** of the sentence so the 'to be' verb is at the beginning.

Am I walking?

Yes, you are

No, you aren't

Are you walking?

Yes, I am

No, I'm not

Is he walking?

Yes, he is

No, he isn't

Is she walking?

Yes, she is

No, she isn't

Is it walking?

Yes, it is

No, it isn't

Are we walking?

Yes, we are

No, we aren't

Are they walking?

Yes, they are

No, they aren't

To ask for **more information**, add the '**who, what, where, why, how, when**' question words at the beginning.

Why am I walking?

Who are you walking with?

Where he walking?

When is she walking?

How are they walking?

When are we walking?

Reference

https://www.bbc.co.uk/learningenglish/english/features/tenses_with_georgie/ep-240202