

## Present continuous

The **Present Continuous** (also called **Present Progressive**) is used to describe **actions happening right now, temporary situations, and future plans.**

### 2. How to form the Present Continuous

| Subject         | To Be (am/is/are) | Verb+ -ing |
|-----------------|-------------------|------------|
| I               | am                | playing    |
| You / We / They | are               | eating     |
| He / She / It   | is                | running    |

#### Formula:

- **Affirmative: Subject + am/is/are + verb (-ing)**
- **Negative: Subject + am/is/are + not + verb (-ing)**
- **Question: Am/Is/Are + subject + verb (-ing)?**

#### Examples:

- I **am studying** English now.
- She **is watching** TV.
- They **are playing** football.

### When do we use the Present Continuous?

#### 1. Actions happening right now (at the moment of speaking)

- I **am talking** to you.
- I'**m just leaving** work. I'll be home in an hour.
- Please be quiet. The children **are sleeping**.

#### 2. Temporary situations

- She **is staying** at her friend's house this week.
- They **are working** on a new project.

#### 3. Future arrangements (with a fixed plan)

- We **are traveling** to London next weekend.
- he **is meeting** his boss tomorrow.
- Marya **is going** to a new school **next term**.
- What **are you doing next week?**

#### 4. Changing situations

- The climate **is getting** warmer.
- My English **is improving** day by day.

#### 5. Annoying habits (with "always")

- He **is always interrupting** me!
- They **are always complaining**.

#### Negative form of Present Continuous

Use **not** after "am / is / are"

| Subject                | Negative Form                  |
|------------------------|--------------------------------|
| <b>I</b>               | am not + verb (-ing)           |
| <b>He / She / It</b>   | is not (isn't) + verb (-ing)   |
| <b>You / We / They</b> | are not (aren't) + verb (-ing) |

#### Examples:

- I **am not watching** TV.
- She **is not (isn't) reading** a book.
- They **are not (aren't) playing** football.
- I'**m not** doing that.
- You **aren't** listening. (or You're **not** listening.)
- They **aren't** coming to the party. (or They're **not** coming to the party.)
- he **isn't** going home until Monday. (or he's **not** going home until Monday.)

#### Questions in Present Continuous

Use **Am / Is / Are + subject + verb (-ing)?**

| Subject                | Question Form                  |
|------------------------|--------------------------------|
| <b>I</b>               | Am I + verb (-ing)?            |
| <b>He / She / It</b>   | Is he/she/it + verb (-ing)?    |
| <b>You / We / They</b> | Are you/we/they + verb (-ing)? |

#### Examples:

- **Are you studying** now? → Yes, I am. / No, I'm not.
- **Is she cooking** dinner? → Yes, she is. / No, she isn't.
- **Are they coming** to the party? → Yes, they are. / No, they aren't.

➤ **Note:** When forming questions, the verb always stays **in the -ing form**:  
**Is she working?** (correct), **Is she work?** (incorrect)

## Spelling rules for -ing form

### ➤ Add -ing to most verbs

- play → **playing**
- eat → **eating**

### ➤ Drop the final -e and add -ing

- make → **making**
- write → **writing**

### ➤ Double the last consonant if it's CVC (consonant-vowel-consonant) pattern

- run → **running**
- sit → **sitting**

## Time Expressions used with Present Continuous

- **Now, at the moment, right now**
- **This week, this month, this year**
- **Nowadays, these days**
- **Tomorrow, next week (for future plans)**

### Examples:

- She **is studying** now.
- I **am working** this week.
- They **are traveling** tomorrow.