

**Abdelhafid Boussouf University Center, Mila**  
**Institute of Letters and Languages**  
**Department of Foreign Languages**  
**English Section**

**Level: Master 01**  
**Course of Psycho-Pedagogy**  
**Dr. Kebbout H.**

## **Lecture Two: Educational Psychology**

Educational Psychology or Psycho-pedagogy has to do with the psychological side of the educational or pedagogical process.

**Education** is the process of developing the capacities and potential of the individual so as to prepare him/her to be successful in a specific society or culture. It can be either formal or informal. Schooling is teaching and learning that takes place in formal environments. Education has a wider meaning than pedagogy which is concerned more specifically with the principles and methods of teaching.

The primary focus of Educational Psychology is the scientific study of mind and behavior (or mental processes and behavior). In the context of formally socializing and developing the potential of individual human beings.

Educational Psychologists are interested in a wide variety of topics such as cognitive development, learning theories, teaching methods, student motivation, teacher-student relationships, and classroom management. Educational psychology as a discipline or academic specialty provides important background knowledge that educators can use as the foundation for professional practice. In combination with information on human growth and development and specific content knowledge, information on theories of learning and pedagogy provide the foundation for classroom and school methods and procedures.

**Learning** can be defined as the permanent change in an individual's behavior as a result of experience or practice.

**Teaching** can be thought of as the purposeful direction and management of the learning process. Note that teaching is not always giving knowledge or skills to students; effective teaching is often the process of providing opportunities for students to produce relatively permanent change through the engagement in experiences provided by the teacher.