



Centre Universitaire Abdelhafid Boussouf Cellulee-learning



Anglais–Niveau 3

Lesson01

The Importance of Reading

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Etudiants concernés Semestre 1			
<i>Institut</i>	<i>Département</i>	<i>Année</i>	<i>Spécialité</i>
Lettres et Langues	-Langues Etrangère	Licence 3	Français.
Sciences Economique	Sciences Economique. Sciences Commerciales. Sciences de la Gestion.	Licence 3	Toutes les spécialités.

Lesson's Objectives

- This lesson is designed to make students aware of the importance of reading in learning in general then in learning a foreign language in particular. The lesson also mentions the benefits of learning reading skills to introduce students to the next lesson.

The Importance of Reading

1. Why reading is important?

- Humans are the only creatures who have the ability to read. They are born to learn through reading. Although speaking happened to be the first stage of learning, reading is the skill that last with humans for life long. It allows them to know about everything.

Humans in their early days as kids learn the language of their parents through babbling the speech; however, when they enter the primary school, they engage in the process of reading. They read little chunks of language in order to improve their knowledge of that language. Similarly, any learner of a foreign language should learn how to read, because it allows his/her brain to detect the structure of that language, and thus grow a sense of familiarity with it.

Many research approved the efficacy of reading to learning languages. That is why there are reading skills in the curriculum of the languages departments all over the world. The key is that reading helps learners to know more about vocabulary and know how to write using languageⁱ.

- If we are to count the benefits of reading in general we find that :
 - ✓ Reading expands our knowledge.
 - ✓ Reading develops concentrationⁱⁱ.
 - ✓ Reading boosts thinking.
 - ✓ Reading reduces stressⁱⁱⁱ.
 - ✓ Reading prevents from bad habits.
 - ✓ Reading allows one to learn from others' experiences.

2. Why learning reading skills?

While reading involves both physical and psychological mechanisms, learning its skills suggests many more benefits to learners. They are as follows:

- Learning reading skills helps you save time while reading a text.
- Learning reading skills teaches you techniques of analyzing a text^{iv}.
- Learning reading skills improves your comprehension of a text^v.
- Learning reading skills helps you develop your writing style through imitating foreign styles^{vi}.

ⁱ See, The Importance of Reading to Expand Knowledge, Anindhita Nabilah Pradani, Institut Teknologi Sepuluh Nopember, Surabaya, Indonesia URL : <https://www.researchgate.net/publication/352020734>

ⁱⁱ See, Top Ten Benefits of Reading for All Ages, MPL Karen, 06 Aug. 2020. URL : www.markhampubliclibrary.ca

ⁱⁱⁱ Ibid.

^{iv} Importance and Benefits of Reading skills In Communication, Aug. 06, 2020 URL : <https://www.harappa.education>

^v Ibid.

^{vi} Ibid.