Identifying my learning style

1. I am an …………………………….learner if :

* I can follow directions given by my instructor fairly easily.
* I could remember what to get at the store if someone told me. I would not need to write it down.
* I like to study with other people ; I can hear them discuss the information.
* I can remember things better if I repeat them aloud to myself several times.
* I do better in class if an instructor lectures than if I read the material myself.
* I retain information better if someone quizzes me and I respond out loud.
* I can easily remember a joke when someone tells it to me.
* ***I learn best, retain information longer, and reproduce the information more accurately if I can ……………………………………****i****t.***

1. I am a ………………………….learner if:

* I close my eyes as I try to learn things.
* I prefer to watch demonstrations of the things I need to learn rather than simply hearing, reading about, or doing them.
* I solve simple math problems in my head by seeing the numbers.
* I learn better and remember more by seeing videos or movies relating to the topic rather than listening to a lecture.
* I look at the ceiling as I memorize things.
* I like to close my eyes and practise seeing the information in my head.
* ***I learn best, retain information longer, and reproduce the information more accurately if I can ……………it or …………………. it in my head.***

1. I am a……………………………………learner if:

* I like to build, design, or create things.
* I get most of doing experiments in class.
* I remember best when I type my notes or use a computer.
* I like classes in which we do activities or projects rather than read, write, or talk about topics.
* I like to move around during class.
* I learn facts better by having information on flash cards, shuffling them, and matching them up again as compared to rereading the information or listening to it a second time.
* ***I learn best, retain information longer, and reproduce the information more accurately if I am …………………………………………………………………………………………………………………………….***

1. My strongest learning style is………………………………..if:

* I remember best if I move my lips or say things aloud as I try to memorize.
* I find myself saying the information in my head as I write it down.
* I like to give a speech rather than write a report on the material.
* I would remember a friend’s telephone number fairly well if I repeated it loud several times; I would not need to write it down.
* I don’t remember my notes very well if I just reread them; I remember them better if I say them aloud.
* I remember better if I can attend class and discuss the material or ask questions about it.
* ***I learn best, retain information longer, and reproduce the information more accurately if I …………………………………………………….***

1. My strongest learning style is…………………………………….if:

* I can’t remember well unless I write things down.
* I remember very well if I recopy my notes.
* I find myself writing lists of things people tell me to as opposed to relying on memory.
* I prefer to do written reports as opposed to speeches or demonstrations.
* I like to write to people instead of calling them on the phone.
* I keep track of assignments best when I write them down.
* ***I learn best, retain information longer, and reproduce the information more accurately if I …………………………………………………….***

1. My strongest learning style is……………………………..

* I remember better if I read a chapter than if I listen to a lecture on oit.
* I remember well if I reread my notes; I don’t need to retype, rewrite, or say them aloud in order to remember them.
* I prefer to read instructions myself rather than have someone read them to me, tell me what to do, or show me how to do something.
* I like to spend my time reading assignments as opposed to doing projects.
* I would remember information better if I read than if someone told me about it.
* ***I learn best, retain information longer, and reproduce the information more accurately if I …………………………………………………….***

**Task:** answer the following questions:

* Count the number of checks in each area. Which area(s) appears to be the primary way(s) in which you learn?
* Which area (s) appears to be the secondary one (s)?
* In order for you to learn, remember, retrieve, and accurately reproduce information best, describe how you should study.