**Lecture Five: Importance of Studying Social and Human Sciences**

**Objectives:** Students are expected to:

* Understand the contribution of social and human sciences.

***Natural sciences*** largely contribute to the improvement of human existence through helping us understand the different phenomena in our lives. The various inventions, treatments, and communication means are what the various disciplines may contribute with. These are facilitating, and improving the quality of life. Therefore, it becomes more interesting and sustainable.

The question that arises here is: Do the humanities and social sciences matter? Unsurprisingly, the answer is definitely ‘yes’. ***Social and human sciences*** are equally important as they provide us with more insights into human society in order to understand how it functions, and how it can be ameliorated. The various disciplines of social and human sciences cover a large number of aspects of individual and social life. Consequently, they enable us to reach our goals in life.

**Importance of Studying Social and Human Sciences**

In what follow are the most outstanding reasons for studying social and human sciences. They:

* Help in the understanding of the way human groups live and relate to each other and to international community.
* Address issues that natural sciences alone cannot explain.
* Help in the development of creative and critical thinking.
* Enable us to understand the past and draw a clear picture of the future.
* Positively contribute to society through obtaining knowledge in fields like history and political science.
* Develop the readiness and ability to interact with people having different cultures.
* Teach us how to make financial decisions so as to avoid crises in the present and future.
* Give us the opportunity to examine our social values and become better individuals and citizens.
* Help in the developments of various skills.
* Help us to solve many problems in life.

**Suggested References**

Goertz, G. (2006). *Social science concepts: A user’s guide*. Princeton, NJ: Princeton University Press.

Syal, S. (2015). The significant role of social sciences in creating a better tomorrow. *Global Journal of Interdisciplinary Social Studies, 4*(5), 22-24.