



University Centre Abdelhafid Boussouf E-learning Centre



English – Level 3

Lesson 02

Why Reading?

The Importance of Reading

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Students Concerned- Semester 06 -			
<i>Institute</i>	<i>Department</i>	<i>Year</i>	<i>Specialty</i>
<i>Letters and Languages</i>	<i>-Foreign Languages</i>	<i>Licentiate 03</i>	<i>French</i>
<i>Economic Sciences</i>	<i>-Economic Science -Commercial Science -Management Science</i>	<i>Licentiate 03</i>	<i>All specialties</i>

Objectives of the Lesson

This lesson is designed to make students aware of the importance of reading in learning in general then in learning a foreign language in particular. The lesson also mentions the benefits of learning reading skills to introduce students to the next lesson.

1. Why Reading is Important?

Reading is the skill that last with humans for life long. It allows them to know about everything. Humans in their early days as kids learn the language of their parents through babbling the speech; however, when they enter the primary school, they engage in the process of reading. They read little chunks of language in order to improve their knowledge of that language. Similarly, any learner of a foreign language should learn how to read, because it allows his/her brain to detect the structure of that language, and thus grow a sense of familiarity with it.

Many research approved the efficacy of reading to learning languages. That is why there are reading skills in the curriculum of the languages departments all over the world. The key is that reading helps learners to know more about vocabulary and know how to write using language¹.

- If we are to count the benefits of reading in general we find that :
 - **Reading expands our knowledge.**
 - **Reading develops concentration**
 - **Reading boosts thinking.**
 - **Reading reduces stress and anxiety**
 - **Reading prevents from bad habits.**
 - **Reading allows one to learn from others' experiences.**
 - **Reading Strengthens our writing ability**

2. Why Learning Reading Skills?

While reading involves both physical and psychological mechanisms, learning its skills suggests many more benefits to learners. They are as follows:

- Learning reading skills helps you save time while reading a text.
- Learning reading skills teaches you techniques of analyzing a text.
- Learning reading skills improves your comprehension of a text.
- Learning reading skills helps you develop your writing style through imitating foreign styles.

See, The Importance of Reading to Expand Knowledge, Anindhita Nabilah Pradani, Institut Teknologi Sepuluh Nopember, Surabaya, Indonesia URL: <https://www.researchgate.net/publication/352020734>